Physical Therapy · Massage Therapy
Personal Training · Acupuncture · Chiropractic

Rocky Mountain Spine & Sports Medicine

Patient Name _____ **Today's Date** _____

Patient Phone _____

Diagnosis _____

PRECAUTIONS _____

Goals _____

Frequency and Duration (or number of visits) _____

❑ Evaluate and Treat

Procedures

- ❑ Therapeutic Exercise
- ❑ Joint Mobilizations / High Velocity Techniques
- ❑ Neuromuscular Therapy / Soft Tissue Mobilization
- ❑ Manual Traction
- ❑ Range of Motion
- ❑ Gait Training
- ❑ Weight Bearing

Modalities

- ❑ Iontophoresis
- ❑ Electrical Stimulation
- ❑ Phonophoresis
- ❑ Ultrasound
- ❑ Hot Packs and Cold Packs

Treatment Programs

- ❑ Home Exercise Program / Stabilization Program
- ❑ Back School
- ❑ Posture Education

Acupuncture

- ❑ Dry-needling
- ❑ Pain Management
- ❑ Relaxation / Meditation Techniques

Chiropractic

- ❑ Joint Mobilization / High Velocity Techniques
- ❑ Soft Tissue Mobilization
- ❑ Alignment Assesment

Other Services

- ❑ Massage Therapy
- ❑ Personal Training
- ❑ Post concussion Physical Therapy
- ❑ Trigger Point Dry Needling
- ❑ Sports Physical Therapy
- ❑ Vestibular Rehabilitation / Balance Assessment & Therapy
- ❑ Ergonomic Analysis

Physician's Name _____ Phone _____

Signature _____

Phone: 303-377-7777
Fax: 303-377-7775
Email: info@denverpainmd.com
Website: www.denverpainmd.com

Cherry Creek Office
Cherry Creek Plaza II
650 S. Cherry St., Suite 1015
Denver, CO 80246